

Case study: University Hospital Dorset



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Steve Killen
Transformation Director

"I'm responsible for the reconfiguration of all hospitals across the Dorset area.

We were keen to give staff and patients wellbeing and rest space. We have lots of corridors, small spaces, big open areas. We were looking for really innovative solutions, also with lots of variety in their range for 1, 2 or 4 people, and the Nooks really fit the bill.

Both patients and staff have used them non-stop since they came in.

A lot of patients come in in a stress state and the Nooks give that tranquil opportunity in what can be a very busy chaotic space.

We have placed three separate orders for Nooks now as the demand grows, as they prove their worth and as our transformation across the zone continues."



Sorcha Dossitt
Workforce Health & Wellbeing Lead

"My role is to ensure our staff are looked after, mentally & physically, because when our staff thrive, our patients receive better care. We really value the Nooks. They are in constant use and are a great place for staff to come and have conversations that can be difficult to have in the office environment; to have a time-out and just get away from the shop floor for a moment."



Laura Joy
Arts Manager

"I personally love using the Nook pods. They bring brightness & colour and improve the lives of the staff & patients that come to the hospital. They give an opportunity to stop and pause in a beautiful enclosed environment that really does block out the noise and hubbub."



Gemma Lynn
Head Of Occupational Health & Wellbeing

"We know that happy & healthy staff translates into better patient care. The Nooks have really helped in this regard, giving stressed staff a place to decompress or chat to peers in a safe environment in a very busy hospital."



Sam Thomas
Knowledge & Library Services Manager

"Our staff really value the Nooks in our libraries, providing valuable focus space which helps them to do research to make evidence-based decisions."



Nook Huddle

The Nook Huddle Pod is our flagship product for education, beloved of users across a wide variety of applications and schools & universities.

In its essence, it is a sanctuary space for calm focus, for good conversation and improved engagement.

Panels can be removed to place at a window or join nooks together.

The table space is generous and depending on the model (2 person or 4 person) can accommodate up to 4 people working on laptops.



Nook Shelter

The Nook Shelter is a paradigm shifting product for making greater use of existing space and current furniture assets.

Combine with onsite resources to create a mindful and inclusive sanctuary space.

Dovetails with Nook Huddle pod to create a more enclosed space within a space theatre.

Fit with AV assets to host presentations.

Install adjustable height desking to create a wheelchair accessible protective workstation.



Nook Solo

The Nook Solo Booth, available with or without door, is a key solution to the increase in need for individual personal space.

A personal alcove, providing distraction-free focus for, the Nook Solo is designed and recipient to help education organisations quickly adapt and flex as its space usage evolves, both back-office and learning-side.

Inside is a comfortable seated working area with user controllable lighting, adjustable ventilation and power points. Personalisation and productivity packed in to an efficient pod.





How Nook works

Nook was created to help brains to settle and focus.

The following ingredients combine to create a withdrawal zone, where people of all ages feel safe and calm.

This in turn facilitates calmness, recharge, and engagement.

1. Personal protective space.
2. Powerful acoustics focused on removing stimuli and disturbance.
3. Lighting which is designed around personalisation and information processing.

How it helps

- ✓ Improve space utilization.
- ✓ Activate challenging areas (eg corridors and under stairs).
- ✓ Provide one to one consultation and guidance spaces.
- ✓ Cater for neurodiverse staff, patients and visitors.
- ✓ Moveable support space brings resource where its needed.
- ✓ Recharge and semi-private work space for staff.



Nook Huddle

Nook Shelter

Nook Solo



Optional sensory additions

Nook is a certified Autism support space. Here are a few of the features we can add to Nook to imbue it with even more SEN power.

- **Vibrating seat pad**
Helps with ADHD & general muscle relaxation for improved focus.
- **Safety Mirror on rear wall**
Helps ease the intensity of eye contact to build better rapport.
- **LED Light Panels**
Bathe the space in colour to influence mood and the brains ability to process information. Autism & Dyslexia.

Nook is a long-term asset for the Hospital Campus to make more of the space while better catering to neurodiversity, enhancing engagement between staff, patients & visitors. As healthcare spaces become smarter, more agile and more focused on the experience and healthy outcomes, Nook helps in the immediate and the long term.

Contact us for more info