

How Nook brought calm to a busy primary school in Bristol

🕒 About our school

As a small primary school with 185 pupils, and a team of 20 staff. This primary school often relies on staff being able to take on multiple roles within the school day.

Lucy is a part-time teacher, SENCO and Autism specialist at the school.

A large part of her role is helping staff better understand children with autism, and what can be done to support them.

'We call it reasonable adjustments. Things that you can do that are relatively simple, to make the life of autistic person better.'

They learned that sensory factors have a huge impact on wellbeing and learning. This includes things like sensitivity to sound, lighting, colour, and busy spaces. And not just in classrooms either. Corridors, dining halls, science labs, and PE spaces could also feel overwhelming at times.'



🕒 Why they chose Nook

'Nook provides a space that allows pupils to be ready for learning again'

They wanted a solution for children who needed calmer space to transition to. Especially after periods of high stimulation, such as lunchtime and playtime. 'We were constantly struggling for somewhere to work 1-to-1 with a child.'

With Nook, they finally had a space saving solution that helped their pupils thrive. A dedicated area that reduced distraction, noise and sensory overwhelm. So the joy of learning could continue.

'There are eight senses, so you've got to think about each of the eight senses in where you are, and what you're doing... That's where Nook comes in...'

Lucy, Teacher, SENCO and Autism Specialist at Cherry Garden Primary School



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